LUNCH & LEARN

The activity is approved for 0.5 AMA PRA Category 1 Credits™

POSTOPERATIVE MANAGEMENT



Description

This monthly learning session addresses postoperative management, focusing on ensuring patient safety and promoting optimal recovery. Participants will learn the essential elements of immediate postoperative care, including monitoring of vital signs, effective pain management techniques, and strategies for preventing common complications. The program will also explore strategies for promoting patient recovery and rehabilitation, emphasizing early mobilization, proper wound care, and adequate nutritional support. Finally, participants will gain expertise in discharge planning and patient education, ensuring a seamless transfer from the hospital to the home environment by providing patients with the necessary information and resources for continued healing and self-care.

JULY 9 12:10 PM - 12:50 PM CT

Objectives

 Describe the essential elements of immediate postoperative care, including monitoring vital signs, managing pain, and preventing complications.



Speaker: Jennifer Hah, MD, MS

- Explain strategies for promoting patient recovery and rehabilitation after surgery, including early mobilization, wound care, and nutritional support.
- Outline methods for discharge planning and patient education, ensuring a smooth transfer from hospital to home and providing patients with the information and resources they need for continued healing and self-care.

Audience

lowa surgical providers, clinical teams, and patients who were prescribed pain medications



FREE CME

<u>Registration</u>

Continuing Education

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Iowa Medical Society (IMS). Compass Healthcare Collaborative is accredited by the IMS to provide continuing medical education for physicians.

Designation:

Compass Healthcare Collaborative designates this live activity for a maximum of **0.5** AMA PRA Category 1 Credit(s)™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Commercial Support:

This activity was developed without support from any ineligible company. *The ACCME defines ineligible companies as those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Note: The ACCME does not consider providers of clinical service directly to patients to be commercial interests unless the provider of clinical services is owned, or controlled by, and ACCME defined ineligible company.

Disclosure:

Compass Healthcare Collaborative (Compass) adheres to the Standards for Integrity and Independence in Accredited Continuing Education. The content of this activity is not related to products or the business lines of an ACCME-defined ineligible company. None of the planners or moderators for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing products used by or on patients.

Note: AMA PRA Category 1 CreditsTM are accepted for nursing and other healthcare discipline license renewal purposes, provided the topic is relevant to the applicant's field or discipline. After participating, you will receive a Certificate of Attendance detailing the number of AMA PRA Category 1 CreditsTM you can claim. This certificate is provided for self-reporting requirements and must be submitted to your state board for license renewal.

